



LYMFORM

100 ml tincture



LYMPHATIC FORMULA

The lymphatic system is a network of tissues and organs that help rid the body of toxins, waste and other unwanted materials. The primary function of the lymphatic system is to transport lymph, a fluid containing infection-fighting white blood cells, throughout the body.

Most health professionals don't realize the important role of the lymphatic system, which drains the wastes from your body and controls and regulates your immune system. It is pumped through muscular contractions, so if one is sedentary, the lymphatic system will eventually become sedentary and will create toxicity in lymphatic related tissues such as the breasts, skin, joints, and muscles.

LYMFORM is a food supplement that contains herbs that helps kills infection, clears toxins from the lymph system and is a natural infection fighter.

PRODUCT INFORMATION

Ingredients:

Echinacea (Echinacea angustifolia), gotu kola (centella asiatica), cleavers (gallium apprise), burdock root (artium lappa), chaparral (larrea Mexicana), red clover (trifolium pratense), ginger (zingiber officinale), parsley (petroselinum crispum), yarrow (achillea millefolium), yellow dock (rumex crispus), blue flag root (iris versicolor)

Directions:

Take 35 drops x 3 times daily in a little water, away from food.

Do not exceed the recommended daily intake.

Food supplements should not be used as a substitute for a varied diet and healthy lifestyle.

Do not take if pregnant or breast feeding.

** This statement has not been evaluated by the EFSA. This product is not intended to diagnose, treat, cure or prevent any disease.*

ABOUT THE INGREDIENTS

- ✓ **Echinacea (*Echinacea angustifolia*):** Echinacea is recommended for lymph cleansing. A 2005 study published in Phytomedicine investigated the effects of echinacea juice on lymphocytes in a group of healthy people and found that the juice only had a minor effect on lymphocyte counts.
- ✓ **Gotu kola (*Centella asiatica*):** Centella Asiatica is an evitalizing herb that strengthens nervous system function and memory. It is a balancing tonic that brings stimulation to the brain via cerebral blood circulation, while being a relaxing nervine to other areas of the body.
- ✓ **Cleavers (*Gallium apprise*):** Cleavers enhances the function of the lymphatic system and improves its ability to flush out toxins, decrease congestion, and reduce swelling. Its mild diuretic effect seems to help in stimulating drainage of lymphatic wastes through the urine. This herb is recommended to help in reducing swelling of the lymph nodes caused by congestions in the lymphatic system.
- ✓ **Burdock root (*Artium lappa*):** The root of the burdock plant is known as an excellent lymph cleanser. Ed Smith, an herbalist and author of the book "Herbal Medicine from the Heart of the Earth," states that burdock encourages the elimination of metabolic waste products from your body and enhances your immune system function.
- ✓ **Chaparral (*Larrea Mexicana*):** Chaparral herb has been used by herbalists to cleanse the lymphatic system for a very long time.
- ✓ **Red clover (*Trifolium pratense*):** Trifolium pratense is a blood purifier and is often used to clear up skin conditions like acne, rashes and eczema. Red clover increases lymph flow, which helps to detoxify the body and reduce inflammation.
- ✓ **Ginger (*Zingiber officinale*):** Ginger contains therapeutic compounds like gingerol, shogaol, paradol and zingerone that act as anti-inflammatory.
- ✓ **Parsley (*Petroselinum crispum*):** According to studies, parsley displays anti-inflammatory and anti-hepatotoxicity properties. The anti-inflammatory properties reduce internal inflammations, while the anti-hepatotoxic properties help cleanse the liver.
- ✓ **Yarrow (*Achillea millefolium*):** Yarrow is diaphoretic, cleansing, drying and treats a variety of infections.
- ✓ **Yellow dock (*Rumex crispus*):** Yellow dock is alterative and cleanses the blood and lymph.
- ✓ **Blue flag root (*Iris versicolor*):** Iris versicolor is very useful to stimulate glandular and lymphatic system, thus clearing obstructions and swellings.

