

N-acetylcysteine (NAC)

N-acetylcysteine (NAC) has been used in clinical practice to treat critically ill septic patients, and more recently for COVID-19 patients. NAC has antioxidant, anti-inflammatory and immune-modulating characteristics that may prove beneficial in the treatment and prevention of SARS-Cov-2.

It is estimated that more than 4.5 billion people worldwide have now been “vaccinated” for the Wuhan coronavirus (Covid-19). Many of them now suffer from “long” covid, however, which could be due to the persistent damage caused by the spike proteins contained in (viral vector) and produced by (mRNA) the jabs.

Also known as the S protein, covid jab spike proteins do a whole lot more harm than just bind to the body’s ACE (angiotensin-converting enzyme) receptors, allowing the virus to invade cells. It turns out that covid jab spike proteins interact with many other cellular tissues, including in the lungs, mitochondria and cardiovascular system.

This assault causes all kinds of health damage to the many intricate and complex systems of the body. And in the case of messenger RNA injections (Pfizer-BioNTech and Moderna), the spike proteins continue to be manufactured inside the body long after the initial jabs.

We now know for a fact that jab spike proteins:

- Damage the lung cells (including the pulmonary alveoli and pulmonary endothelial cells)
- Damage the mitochondria and DNA structures
- Damage cardiovascular cells
- Increase the risk of blood clots
- Damage brain cells
- Promote inflammation
- Suppress immunity
- Increase the risk of cancer

A 2021 paper published in the bioRxiv preprint repository found that spike proteins cause the Type 1 catalytic receptors in the kidneys to increase in kidney cell tissue, making the kidneys more susceptible to the Fauci Flu.

Spike proteins also cause cells in the small intestine to stimulate large amounts of L-SIGN (liver / lymph node-specific intracellular adhesion molecules-3 grabbing non-integrin) receptors, which defend against pathogens. The problem with this is that after many adhesions occur, the small intestine becomes more susceptible to viral infection.

Similarly, spike proteins trigger an increase in DC-SIGN (Dendritic Cell-Specific Intercellular adhesion molecule-3-Grabbing Non-integrin) receptors in the lungs, which can trigger inflammatory symptoms in the lungs.

“In addition, spike proteins can cause different degrees of oxidation of the organs, leading to more cells’ premature deaths and putting the body in a hyperoxidized state, which may further increase the risk of cancer,” reports The Epoch Times.

Another study published in the Journal of the American Heart Association (JAHA) found that spike proteins negatively impact lung functionality by causing the

pulmonary alveolar cell walls to thicken and solidify. They also inhibit the pulmonary cell mitochondria, which is where energy is produced. Prolonged covid symptoms could be the spike proteins damaging mitochondria and blocking their energy production. The result is a cascade of abnormalities and health problems that vary from person to person.

Perhaps the biggest fear is cardiovascular damage, the risk of which is greatly increased by the presence of spike proteins. The risk of blood clots increases massively following exposure to them, hence why many “fully vaccinated” people are developing conditions like myocarditis and pericarditis.

Summary of Spike Protein Damage

As we have already mentioned, spike proteins can cause:

- Damage to lung cells
- Damage to brain cells
- Damage to mitochondria
- Damage to DNA
- Damage to heart cells
- Increase risk of blood clots
- Promotes inflammation
- Suppresses immunity
- Increases risk of cancer

Protecting Against Spike Proteins

If you or someone you know got “vaccinated” for the Wuhan coronavirus (Covid-19) and now regret it, all hope is not lost. The following vitamins and herbs have been [scientifically shown](#) to help neutralize spike proteins and the damage they inflict on the body.

N-ACETYLCYSTEINE (NAC) & GRAPHENE OXIDE

Graphene Oxide is a nanoparticulate that seems to be the latest in a long list of concerning ingredients in the covid (so-called) vaccines - it is also thought to have been present in flu vaccines prior to 2020.

Graphene oxide is known to be highly toxic to human beings, it is alleged to simulate covid symptoms, and it has been suggested that it's effects can be increased with electromagnetic fields and in particular 5G.

Here is a quick summary of the effects of Graphene Oxide on the body:

- thrombosis.
- blood clots.
- disrupts the immune system.
- trigger a cytokine storm.
- toxicity can instigate pneumonia.
- creates a metallic taste in the mouth.
- inflammation of the mucous membranes.

- loss in the sense of taste and smell.
- magnetism (especially at the injection site.)
- blocks detoxification in the body by blocking glutathione.
- may be activated by 5G frequencies.
- was already included as an adjuvant in the flu shots in 2019.
- passes thru the blood-brain barrier.

Detoxing from Graphene Oxide

The research of La Quinta Columna led by Ricardo Delgado, successfully tested an *inexpensive* way to remove magnetic Graphene Oxide Nanoparticles from the human body after they were injected with a Covid jab using N-acetyl-cysteine (NAC) and Zinc.

“These two antioxidants are essential to degrade Graphene Oxide,” says Delgado. NAC causes your body to secrete glutathione endogenously and glutathione can reduce Graphene Oxide Toxicity down to zero.

Another study published in PubMed reveals that biocompatible NAC reduces Graphene Oxide, [here](#). In an animal study where enhanced spike protein was used to cause lung damage to animals by binding to the ACE2 receptors, the animals were remedied using NAC, [here](#).

Summary

In summary, NAC appears to be an excellent supplement to take daily, particularly if you have been vaccinated, to:

- Neutralise Graphene oxide
- Reduce Graphene oxide toxicity
- Reduce lung damage related to spike proteins
- Protects DNA
- Protects many organ systems – brain, heart, lungs, immune